



*The Garden Spa*

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MENU



## Massage *treatments*

### *Bougainvillea signature massage*

a combined therapy of classical massage steps with light strokes using our pure blended essential oil for deep relaxation. (Clients will select their preferred pressure.)

*60 minutes*

USD 45

*90 minutes*

USD 65

### *Foot & leg*

relaxing massage to improve circulation. Using a natural ginger oil, focused pressure is applied on reflex points to ease tension.

*30 minutes*

USD 25

### *Back*

a focused treatment using Rosemary essential oil to relieve muscle tension and loosen knots from everyday strain.

*30 minutes*

USD 25

### *Head, neck and shoulder*

release tension from from the upper body with pressure applied to focal points on the shoulders, neck and head. No oil is used.

*20 minutes*

USD 15



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## *Body Scrubs & Wraps*

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### *Cocolime body scrub*

coconut flakes and replenishing creamy scrub using citrus fruits - perfect to brighten up dull, pigmented and uneven skin tone.

*45 minutes*

USD 40

### *Coconut charcoal body wrap*

a detoxifying wrap to moisturize and restore body minerals while removing unwanted toxins and impurities.

*45 minutes*

USD 50



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## *Treatment types*

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### *Wrap*

Your therapist will first lightly scrub your body using a dry coconut brush to open the pores before applying by hand the chosen product.

The body is then enveloped with a bio-degradable plastic film, raising the body temperature and helping draw out toxins and impurities. The wrap will last for 20 minutes.

During this process, the therapist will gently massage the head and shoulders to encourage calm relaxation. Once the wrap is removed, a shower is taken, and finally the therapist will apply an organic moisturizing lotion.

### *Body scrub*

Body scrubs use a combination of healing ingredients added to massage oils and moisturizing lotions. The scrub product is then applied firmly to the whole body by hand, 'massaged' into the skin with circular movements, softening and smoothing the skin.

A shower is taken immediately after the scrub is complete. After the body scrub a massage may be taken to complete the therapy.

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## *Spa policies*

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### *Reservations*

Spa reservations must be made in advance. If our therapists are occupied, please speak with the Manager to book a time.

Please be sure to block enough time for your chosen treatment.

### *Special Conditions*

Please notify one of our Spa therapists before reserving your treatments if you have any health conditions that you want us to be aware of.

### *Cancellations*

Our therapists sometimes move between spas, so please advise us should you wish to cancel your reservations. Cancellations made less than 12 hours before the scheduled appointment may be charged at 50% of the treatment cost.

### *Timings*

Please arrive 10 minutes prior to your scheduled appointment. We understand that sometimes being late is unavoidable. However, depending on circumstances, we may be forced to shorten or reschedule your service. Clients who arrive late will be charged in full for their scheduled session but may receive an abbreviated session.

### *Gratuity Policy*

If you wish to tip the Spa staff, please do so at check-out. A tips box will be provided.