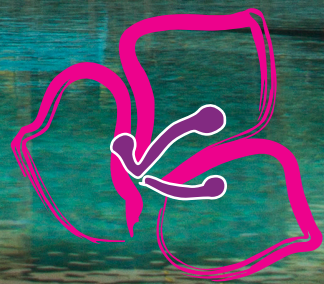




# Retreat Partner

Venue & Support



*Bougainvillea*



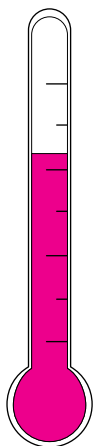
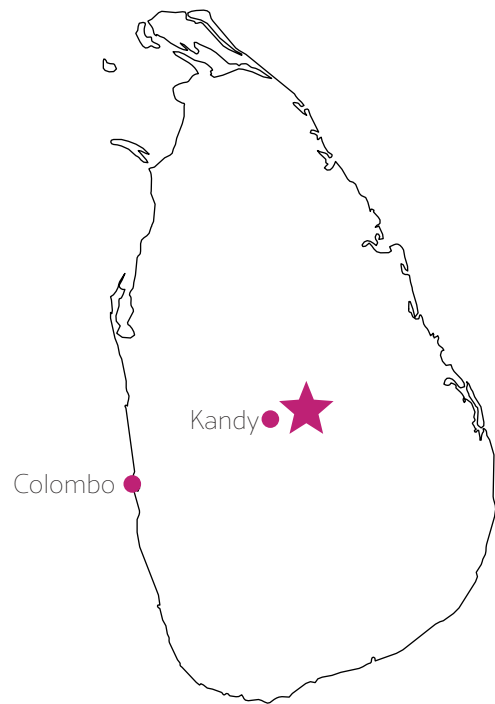
# Why Bougainvillea?

## Location Bougainvillea

Served by major airlines with daily flights into and out of Colombo, Sri Lanka is ideally positioned for your clients flying in from anywhere between Europe & Australasia.

In-country infrastructure makes it easy for your clients to reach the retreat by air taxi, train or car. Landing on the nearby lake is a particular highlight for many guests.

Bougainvillea Retreat is located at the heart of the country in the Central Highlands close to the historic city of Kandy. There is a plethora of UNESCO world heritage sites, tea plantations and lesser known attractions within easy reach of the hotel, if you're looking to offer excursions as part of your retreat.



## Climate Bougainvillea

We are fortunate to sit a comfortable 28 degrees for most of the year. Helped by our elevation in the hills and the cooling breeze that flows down the mountains, across the reservoir below and up to the hotel, it's one of the nicest temperatures in the country. For friends and family who live in Sri Lanka we are a regular haven to those escaping the humidity of the South.

From a health & fitness perspective, it's a lot easier to train and run classes without having to worry about dehydration. The mornings are also beautifully crisp, perfect for the challenging 'Coconut Hill' run, a steady climb with plenty of switch backs, monkeys and views of the reservoir.

## Nutrition Bougainvillea

Ensuring the menu complements your retreat can be tricky. Fortunately our experienced kitchen team are well trained in healthy, nutritious food and super juices. We curate menus to help your clients recover and compliment their performance.

We like to use as much local produce as possible and Sri Lanka has a bounty of it, from medicinal super herbs to the mighty king coconut. If specialist ingredients are needed we can source these from Colombo in advance for you.



# The Hotel



1 x Master suite with adjoining twin room - en-suite, air conditioned

3 x luxury double rooms - en-suite, air conditioned

4 x Garden suites - en-suite, air conditioned, private terrace

Open living space with bar area, dining, sofas (inc TV), open fire

Cinema room

Library & Office





# The Facilities



Dedicated outdoor yoga/exercise platform (can be covered)

On-site spa with jacuzzi, steam room & massage area

On-site gym with resistance machine, spin bike and functional equipment

19m infinity edge pool

Running and hiking routes starting at the hotel

Professional sports & massage therapists



# How it Works

- 1.** Contact [reservations@bv-retreat.com](mailto:reservations@bv-retreat.com) with your dates, expected group size and dietary needs
- 2.** If the dates are available, we'll come back with estimated cost inc food.
- 3.** Pay deposit to secure dates, we'll work with you to build the menu and confirm the final costs.
- 4.** Advertise your retreat and fill it up.
- 5.** You & your clients enjoy an awesome retreat at Bougainvillea and ask about next time!